EMPOWER EDUCATION

PRINCIPAL PARTNER
Flinders University

Specialist *Alcohol & Other Drug* Education for Secondary Schools

Established Track-Record
With over 25 years' experience, we provide education to over 30,000 participants each year.

Designed by Teachers
Seminars are mapped to the Australian Curriculum and support wellbeing programs.

Research-Based
Our program is kept up-to-date and accurate with the latest research and evidence.

Holistic Approach
Our program serves the whole school community: students, parents and teachers.

Delivery Available Online and In-Person!

ENCOUNTER YOUTH

SUPPORTING PARTNERS

Government of South Australia
Department for Education

variety
the children's charity

2-Day Program Inclusions

Our 2-Day Package includes **SIX** 75-minute student seminars for Middle School **AND** Senior School students (Year 7-12). Delivered across two consecutive days or separate days of your choice, each seminar includes a 15-20-minute vaping module.

It also includes **TWO** of the following Staff **AND** Parent sessions:

- In-person staff professional development seminar (75 minutes)
- 10 licences to the member's area of our Teacher Resource Room which includes 3 hours of PD for teaching staff
- Parent seminar (75 minutes)
- Parent webinar (75 minutes)

1-Day Program Inclusions

Our 1-Day Package includes **THREE** 75-minute student seminars for Middle School (Year 7-9) **OR** Senior School students (Year 10-12). Delivered in one day, each seminar includes a 15-20-minute vaping module.

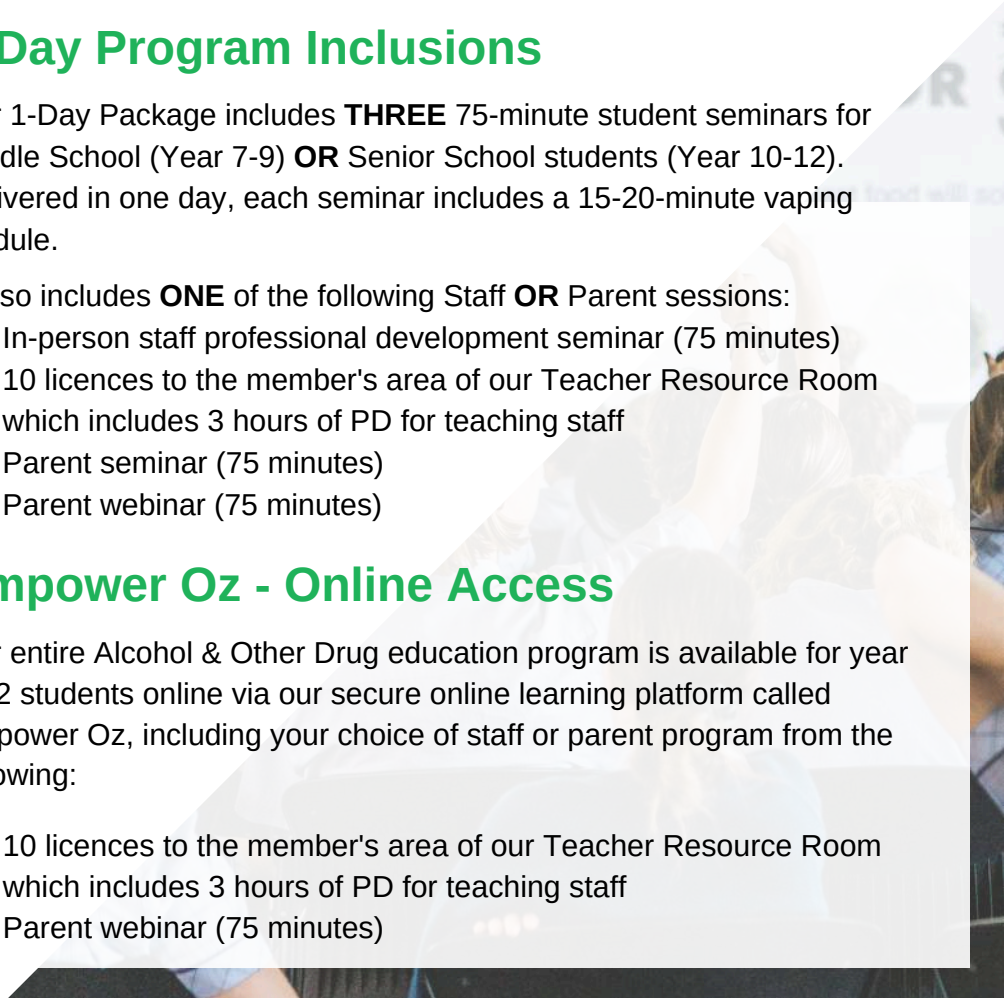
It also includes **ONE** of the following Staff **OR** Parent sessions:

- In-person staff professional development seminar (75 minutes)
- 10 licences to the member's area of our Teacher Resource Room which includes 3 hours of PD for teaching staff
- Parent seminar (75 minutes)
- Parent webinar (75 minutes)

Empower Oz - Online Access

Our entire Alcohol & Other Drug education program is available for year 7-12 students online via our secure online learning platform called Empower Oz, including your choice of staff or parent program from the following:

- 10 licences to the member's area of our Teacher Resource Room which includes 3 hours of PD for teaching staff
- Parent webinar (75 minutes)



Seminars

Below is a brief outline of what's covered in each year-level seminar. For an in-depth look, please see our **Full Program Curriculum** flyer.

WHAT'S THE DEAL? - Year 7

- Introduction to alcohol, other drugs, and medication safety
- Perception verses the reality of young people's choices
- Assertive, respectful communication
- Help-seeking strategies

REGARD THE RISKS - Year 8

- Perceptions of young peoples choices in the media
- Building resilience and communicating personal choices
- Caffeine, energy drinks and medication safety
- Navigating peer pressure and help-seeking strategies

KNOW YOUR LIMITS - Year 9

- Personal values, choices and Australian celebration culture
- Brain development - Healthy verses harmful risk-taking
- Navigating new celebration environments
- Strategies to look after a mate

WHO'S CALLING YOUR SHOTS? - Year 10

- Brain development - Healthy verses harmful risk-taking
- Realities of alcohol use, health impacts and responding in an emergency
- Cannabis, nicotine and strategies to support a friend
- Perception verses the reality of young people choices

ALERT NOT ALARMED - Year 11

- Understanding vulnerability
- Rights and responsibilities when celebrating
- Consent and respectful relationships within a party environment
- Alcohol and driving

#ADULTING - Year 12

- Transitions into adulthood - Alcohol and the law
- Navigating adult celebration environments
- Party fights and violence - Warning signs and how to respond
- Social responsibilities - Being a positive bystander

Seminars Electives

We understand that all school communities are **unique** and that some schools may require **additional education** around specific alcohol or other drug related issues and topics. Our Electives offer 15-minutes of targeted content seamlessly added within our student sessions.

- For **Senior School** students, we offer a **Vaping Elective.**
- For **Middle School** students, you can choose between the **Vaping** or **Digital Wellbeing** Elective.

Schoolies Seminars

SAFETY AT SCHOOLIES - Year 12

- Key warning signs of intoxication
- Debunking alcohol and other drug myths
- Schoolies Festival™ information
- Practical safety tips when navigating adult celebration environments

SCHOOLIES FESTIVAL™ INFORMATION FOR PARENTS

- 'Rites of passage' and school leavers' celebrations
- From chaotic to controlled: The Schoolies Festival™ story
- Hints and tips for parents of a 'schoolie'
- Young people and alcohol

Parent Seminar

- Current uses of alcohol and other drugs among young people
- Hosting a party and legal considerations
- Talking to a young person about alcohol or other drugs
- Positively influencing young people's choices

Staff Seminar

This seminar contributes to AISTSL Teaching Standards 2.1, 6.2 & 7.4

- Brain development and risk-taking behaviours
- Approaches to alcohol and other drug education
- Harm minimisation approach to alcohol and other drugs
- Reliable sources of alcohol and other drug information for teachers

Teacher Resource Room

ENCOUNTER YOUTH

Encounter Youth's Teacher Resource Room provides teachers and communities with effective tools, evidence-based information and resources to support young people to make positive choices around Alcohol & Other Drugs.

The membership area has over three hours of professional development and additional classroom resources.

Membership can be accessed as part of a **school program booking** or purchased individually on our website.

Teacher RESOURCE ROOM

Our team of specialised Alcohol & Other Drug educators are excited to support the needs of your school community

Book Today!

Sondra Walker
Education & Content Specialist
B.Ed (*Secondary*)/B.A.

Zoe O'Donovan
Education & Analytics Manager
BHumMov/
BPsySc (*CounsIntSk*)

www.encounteryouth.com.au