

# EMPOWER EDUCATION

## Specialist

## *Alcohol & Other Drug*

## Education for Secondary Schools

### **Established Track-Record**

With 20 years' experience, we provide education to over 25,000 participants each year.

### **Designed by Teachers**

Seminars are mapped to the Australian Curriculum and support wellbeing programs.

### **Research-Based**

Our program is kept up-to-date and accurate with the latest research and evidence.

### **Holistic Approach**

Our program serves the whole school community: students, parents and teachers.

**DELIVERY AVAILABLE  
ONLINE AND IN-PERSON**



**ENCOUNTER  
YOUTH**

**SUPPORTING PARTNERS**



**Government of South Australia**  
Department for Education



## 2-Day Program Inclusions

Our 2-Day Package includes **SIX** 75-minute student seminars for Middle School **AND** Senior School students (Year 7-12). Delivered across two consecutive days or separate days of your choice, each seminar includes a 15-20-minute vaping module.

It also includes **TWO** of the following Staff **AND** Parent sessions:

- In-person staff professional development seminar (75 minutes)
- 10 licences to the member's area of our Teacher Resource Room which includes 3 hours of PD for teaching staff
- Parent seminar (75 minutes)
- Parent webinar (75 minutes)

## 1-Day Program Inclusions

Our 1-Day Package includes **THREE** 75-minute student seminars for Middle School (Year 7-9) **OR** Senior School students (Year 10-12). Delivered in one day, each seminar includes a 15-20-minute vaping module.

It also includes **ONE** of the following Staff **OR** Parent sessions:

- In-person staff professional development seminar (75 minutes)
- 10 licences to the member's area of our Teacher Resource Room which includes 3 hours of PD for teaching staff
- Parent seminar (75 minutes)
- Parent webinar (75 minutes)

## Online Program Inclusions

Our Online Package includes access for three year levels with 90 minutes of lesson content for each year level.

Your choice of staff or parent program from the following:

- 10 licences to the member's area of our Teacher Resource Room which includes 3 hours of PD for teaching staff
- Parent webinar (75 minutes)

# Seminars

Below is a brief outline of what's covered in each year-level seminar. For an in-depth look, please see our [Full Program Curriculum](#) flyer.

## WHAT'S THE DEAL? - Year 7

- Introduction to alcohol and other drugs, and medication safety
- Character strengths and help-seeking strategies
- Why some people choose to use or not use alcohol and other drugs

## REGARD THE RISKS - Year 8

- Trust and communication in relationships
- Building resilience
- Standing firm and communicating personal choices
- Navigating new celebration environments

## KNOW YOUR LIMITS - Year 9

- Factors shaping personal identity (self-worth)
- Positive and negative risk taking
- Personal values and choices
- Strategies to deal with negative risk taking

## WHO'S CALLING YOUR SHOTS? - Year 10

- Brain development
- Realities of alcohol use and strategies to look after a mate
- Trends in illicit drug use

## ALERT NOT ALARMED - Year 11

- Understanding vulnerability
- Rights and responsibilities when celebrating
- Consent and safe relationships
- Alcohol and driving

## #ADULTING - Year 12

- Transitions into adulthood
- Alcohol and the law
- Party fights
- Social responsibilities and how to look after an intoxicated friend

# Vaping Seminars

Equipping students, teachers and parents with the information needed to respond to current issues around e-cigarettes and vaping. Specialised seminars and modules available for all year levels.



- Introduction to vaping and e-cigarettes
- Nicotine
- Understanding dependence and brain development
- Standing firm and communicating personal choices
- Vaping and the law
- Realities of e-cigarette use and strategies to look after a mate

# Schoolies Seminars

## **SAFETY AT SCHOOLIES - Year 12**

- Key warning signs of intoxication
- Practical safety tips for celebrating
- Debunking alcohol and other drug myths
- Schoolies Festival™ information



## **SCHOOLIES FESTIVAL™ INFORMATION FOR PARENTS**

- 'Rites of passage' and school leavers' celebrations
- From chaotic to controlled: The Schoolies Festival™ story
- Hints and tips for parents of a 'schoolie'
- Young people and alcohol

# Parent Seminar

- Current uses of alcohol and other drugs among young people
- Hosting a party and legal considerations
- Talking to a young person about alcohol or other drugs
- Positively influencing young peoples choices

# Staff Seminar

This seminar contributes to AISTSL Teaching Standards 2.1, 6.2 & 7.4

- Brain development and risk-taking behaviours
- Approaches to alcohol and other drug education
- Harm minimisation approach to alcohol and other drugs
- Reliable sources of alcohol and other drug information for teachers

# EMPOWER EDUCATION

*Our team of specialised Alcohol & Other Drug educators are excited to support the needs of your school community!*



**Zoe Mills**  
**Educator**

BHumMov/BPsySc  
(CounsIntSk)



**Louis Burden**  
**Educator**



**Sondra Walker**  
**Educator**

B.Ed (Secondary)/B.A.



**Craig Kirkby**  
**Education Director**  
*B.Com (Marketing)*



**Dr Andrew Scholefield**  
**Education & Analytics  
Manager**  
B.Sc PhD



**Courtney Turner**  
**Educator**  
B.Mus M.Mus

***We can't wait to see you at your school!***

# Teacher Resource Room

Encounter Youth's Teacher Resource Room provides teachers and communities with effective tools, evidence-based information and resources to support young people to make positive choices around Alcohol & Other Drugs.

The membership area has over three hours of professional development and additional classroom resources.

Membership can be accessed as part of a **school program booking** or purchased individually on our website.



ENCOUNTER  
YOUTH



**Book Today!**

[www.encounteryouth.com.au](http://www.encounteryouth.com.au)